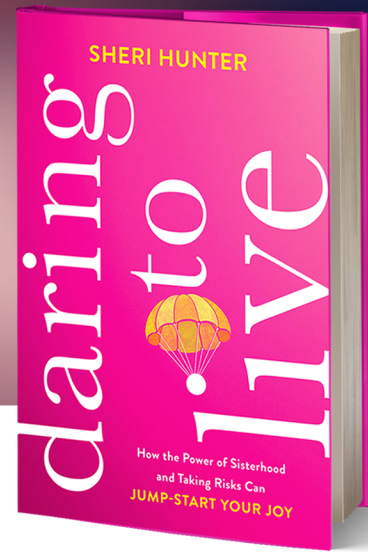




SHERI HUNTER

Author, Speaker, Adventurer

As featured on: HuffPost, Essence, Good Morning America, Vanity Fair, Daily News, Crain's



“Some people rather you hide and duck; not shine. The world needs you to shine. You are needed!”

Sheri Hunter



Sheri has a B.A. in Political Science from University of Michigan-Dearborn and an MBA from Lawrence Technological University.

BEST FIT AUDIENCES

Corporations, Colleges, Business and Community Groups, Educators, Faith Community, Health Professionals, Women's Groups, Olympics 2020, Travel/Adventure Clubs

TOPICS:

- Channeling Fear into Positive Action
- Loss/Grief and How to Get Unstuck
- Struggles with Depression and How to Rise Up
- The Imperfect Christian
- Sister-Friends and the Love and Work that Shepherds Them
- All "A" Students are Not the Masters of the World

ABOUT THE BOOK

DARING TO LIVE, a memoir by Sheri Hunter, published by Baker Books, chronicles the sudden, unexpected death of her husband and how faith, friendship and literally jumping off a cliff, hiking Mt. Kilimanjaro, driving Nascars and other death-defying "dares" with her friends the Dare Divas moved her past depression into hope and happiness. Read an Excerpt of **Daring to Live** at sherihunter.com.

Sheri has published articles in the *Oakland Press*, *MORE Magazine* and *National Geographic Traveler Magazine* (NatGeo). The NatGeo article went viral and prompted a Barnes and Noble tour where audiences packed venues to learn about the 5 Important Life Lessons Following Grief; Adventure and Travel the True Healing Elixir; and The Power of Friendships through Trials and Triumphs.



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